



SAT 7-Week Study Plan

Month _____

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
WEEK 1	PREPARE A STUDY SPACE (Practice Tests, Books, Calculator, Pencil, etc.)	Math 60 minutes	BREAK	Math Timed Section (no calculator) 25 minutes	Math 60 minutes	BREAK	Math Timed Section (with calculator) 55 minutes
WEEK 2	Practice Test: Math 80 minutes	Reading 60 minutes	BREAK	Reading Vocab 25 minutes	Writing 60 minutes	BREAK	Essay 50 minutes
WEEK 3	Practice Test: Reading & Writing 100 minutes	Math 60 minutes	BREAK	Math Timed Section (no calculator) 25 minutes	Math 60 minutes	BREAK	Math Timed Section (with calculator) 55 minutes
WEEK 4	Practice Test: Math 80 minutes	Reading 60 minutes	BREAK	Reading Vocab 25 minutes	Writing 60 minutes	BREAK	Essay 50 minutes
WEEK 5	Practice Test: Reading & Writing 100 minutes	Math 60 minutes	BREAK	Math Timed Section (no calculator) 25 minutes	Math 60 minutes	BREAK	Math Timed Section (with calculator) 55 minutes



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WEEK 6	Practice Test: Math 80 minutes	Reading 60 minutes	BREAK	Reading Vocab 25 minutes	Writing 60 minutes	BREAK	Essay 50 minutes
WEEK 7	Practice Test: Reading & Writing 100 minutes	Reading 20 minutes	BREAK	Writing 20 minutes	Math 20 minutes	BREAK	TEST DAY Don't forget water, your ID, pencils, and a calculator!